



	Packs	Portions	Weight	R.R.P	Bar code	Origin
	per case	per pack	per portion	per pack	number	
Organic Salmon Fillets	10	2	150g	7.45	5025728800041	Shetland Islands
Organic Sea Trout Fillets	10	4	115g	14.95	5025728800065	Shetland Islands
Organic Sea Bass Fillet	12	2	140g	12.95	5060172802562	France
Organic Sea Bream Fillets	12	2	140g	12.95	5060172802609	France
Organic Smoked Salmon	18	1	220g	6.95	5060172802586	Scotland
Mackerel Fillets	8	4	112g	5.95	5025728800027	NE Atlantic
Farmed Salmon Fillets	10	2	150g	5.75	5025728800102	Shetland Islands
Monkfish Fillets	10	2	150g	14.95	5025728800126	NE Atlantic
Cod Loins	10	2	200g	6.25	5025728800164	Iceland
Swordfish Loins	10	2	175g	7.85	5025728800324	Atlantic Ocean
Tuna Loins	10	2	175g	5.45	5025728800348	Indian Ocean
South African Hake Fillets	10	2	200g	5.95	5025728800386	South Africa
Halibut Loins	10	2	175g	12.95	5025728800409	NE Atlantic
Lemon Sole Fillets	8	2	175g	8.95	5025728800423	Atlantic Ocean
Rainbow Trout Fillets	8	4	125g	6.45	5025728800461	Farmed in N. Wales
Red Snapper Fillets	10	2	150g	6.25	5025728800508	Indian Ocean
Marlin Loins	10	2	175g	5.45	5025728800300	Indian Ocean
Sea Bass Fillets	12	2	75g	7.45	5025728800225	Greece
Sea Bream Fillets	18	2	75g	5.75	5025728800294	Greece
Wild Turbot Fillets	12	2	150g	16.95	5025728800263	Atlantic Ocean
Plaice Fillets	8	2	175g	4.95	5025728800447	North East Atlantic
Haddock Fillets	10	2	150g	5.95	5025728800188	North East Atlantic
Skate Wings	8	2	160g	16.35	5025728800522	Atlantic
Sardine Fillets	12	6	270g	5.95	5025728802540	France
Black Cod Fillets	10	2	250g	14.95	5060172802548	South Pacific
King Scallops	18	1	240g	9.45	5025728801123	Scotland
Queen Scallops	18	1	240g	6.95	5025728801147	Scotland
Cocktail Prawns	24	1	454g	5.45	5025728959244	Atlantic Ocean
Cooked Tiger Prawns	12	1	454g	5.95	5025728801208	Bangladesh
Raw Tiger Prawns	12	1	454g	7.95	5025728801222	Bangladesh
Mixed Crab Meat	18	1	224g	7.25	5025728801369	Cromer
Rock Lobster Tails	16	2	115g	19.45	5025728801406	Canada
Crevettes	12	1	454g	8.95	5025728801260	France
Langoustines	12	1	800g	8.95	5025728801444	Scotland
Natural Smoked Haddock	12	2	175g	8.35	5025728801680	Scotland
Smoked Kipper Fillets	12	2	130g	2.85	5025728801702	Scotland
Manx Kippers	10	2	130g	3.25	5025728801727	Isle of Man
Hot Smoked Mackerel	18	2	90g	2.95	5025728801741	Scotland
Peppered Mackerel	18	2	90g	2.95	5025728801765	Scotland
Hot Smoked Salmon	10	2	175g	8.45	5025728801505	Scotland
Fish Pie Mix	10	1	454g	6.85	5025728801206	UK